

MOR

Mothers on Respect index



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INSTRUCTIONS

Mothers on Respect Index

The Mothers on Respect (MOR) index was developed to assess the nature of patient-provider interactions and their impact on a person's sense of respect during maternity care. The MOR index is a patient-informed quality and safety indicator that can be applied across jurisdictions to assess the nature of provider-patient relationships, and access to person-centered care (Vedam et al, 2017).

The MOR index was developed through a participatory research process and has been administered to women in Canada and the US (see paper) and is a reliable and valid measure of respectful maternity care. Pregnant or postpartum persons can use the 14 item scale to rate their level of comfort, impact on their willingness to ask questions, and/or perceptions of racism or discrimination when receiving care (6 response options for each item (see below)).

The first seven items of the scale performed well on their own and could be used as a separate scale to measure a woman's sense of autonomy and comfort when accepting or declining care options.

For more information on the development of this scale [read the 2017 publication here](#).

This scale is free for use in academic settings, however for any study carried out by a commercial group or if the study is wholly or partially supported by a commercial organization a fee may be payable. This fee is dependent on a variety of factors, for information please contact the Birth Place Lab directly: birthplace.lab@ubc.ca

Any funds generated through the copyright arrangement are used exclusively to support the ongoing work of the Birth Place Lab.

For academic studies, there is no charge, but a User Agreement is required for each study. [Please click here to complete the download request form](#).

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We have also developed a Mothers Autonomy in Decision Making scale (MADM) that can be used alongside this scale or on its own. The MADM scale is a reliable, valid and patient-led scale that measures a person's ability to lead decision-making over the course of maternity care (Vedam et al., 2017).

Both scales are also available for download in Spanish (see below).

MOR CITATION:

Vedam, S., Stoll, K., Rubashkin, N., Martin, K., Miller-Vedam, Z., Hayes-Klein, H., & Jolicoeur, G. (2017). The Mothers on Respect (MOR) index: measuring quality, safety, and human rights in childbirth. *SSM - Population Health*, 3, 201-210. <http://dx.doi.org/10.1016/j.ssmph.2017.01.005>.



MOR: MOTHERS ON RESPECT INDEX

Please tell us about your discussions with your doctor or midwife about your options for care (for example: prenatal testing, starting your labour, medications, where to give birth, newborn care, whether to have a cesarean, etc.)

My answers describe my conversations or experiences with a:

- Family doctor
 Midwife
 Obstetrician/OB-GYN doctor
 Not applicable, did not have a doctor or midwife.

A: Overall while making decisions about my pregnancy or birth care: (select or circle one answer for each statement)

	Strongly Disagree	Disagree	Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree
I felt comfortable asking questions	1	2	3	4	5	6
I felt comfortable declining care that was offered	1	2	3	4	5	6
I felt comfortable accepting the options for care that my doctor or midwife recommended	1	2	3	4	5	6
I felt pushed into accepting the options my doctor or midwife suggested	6	5	4	3	2	1
I chose the care options that I received	1	2	3	4	5	6
My personal preferences were respected	1	2	3	4	5	6
My cultural preferences were respected	1	2	3	4	5	6

SECTION A TOTAL SCORE:

B: During my pregnancy I felt that I was treated poorly by my doctor or midwife because of: (select or circle one answer for each statement)

	Strongly Disagree	Disagree	Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree
My race, ethnicity, cultural background or language*	6	5	4	3	2	1
My sexual orientation and / or gender identity*	6	5	4	3	2	1
My type of health insurance or lack of insurance*	6	5	4	3	2	1
A difference of opinion with my caregivers about the right care for myself or my baby*	6	5	4	3	2	1

ADD ALL SCORES IN SECTION B:

SECTION B TOTAL SCORE:

C: During my pregnancy I held back from asking questions or discussing my concerns because: (select or circle one answer for each statement)

	Strongly Disagree	Disagree	Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree
My doctor or midwife seemed rushed*	6	5	4	3	2	1
I wanted maternity care that differed from what my doctor or midwife recommended*	6	5	4	3	2	1
I thought my doctor or midwife might think I was being difficult*	6	5	4	3	2	1

ADD ALL SCORES IN SECTION C:

SECTION C TOTAL SCORE:



Scoring Table	
Enter total score section A	
Enter total score section B	
Enter total score section C	
A + B + C = TOTAL SCORE	

The range of scores is 14-84, with higher score indicating more respectful care.

<p style="text-align: center;">KEY</p> <p style="text-align: center;">Level of Respect Experienced (by quartiles)</p>	
<i>Total Score</i>	<i>Indication of Respect</i>
14 - 31	Very Low Respect
32 - 49	Low Respect
50 - 66	Moderate Respect
67 - 84	High Respect

* Reverse-scored items



MOR: ÍNDICE DE MADRES EN RESPETO

Por favor, utilice las siguientes preguntas para contarnos acerca de las conversaciones y experiencias con su doctor(a) o partera sobre sus opciones de cuidado (Por ejemplo: exámenes prenatales, comienzo del trabajo de parto, medicamentos, cesárea, lugar para dar a luz, cuidado del bebé, etc.)

Mis respuestas en esta sección describen mis conversaciones o experiencias con un(a)... (Elija una opción)

- Doctor(a) de familia
 Partera
 Doctor(a) Obstetra/ Ginecólogo/a
 No se aplica, no tuve un(a) doctor(a) o partera

En general, al tomar decisiones sobre mi embarazo: (Puntúe cada una de las situaciones enunciadas)						
	Muy en desacuerdo	En desacuerdo	Relativamente en desacuerdo	Relativamente de acuerdo	De acuerdo	Muy de acuerdo
Me sentí cómoda haciendo preguntas	1	2	3	4	5	6
Me sentí cómoda no aceptando el cuidado que se me ofrecía	1	2	3	4	5	6
Me sentí cómoda aceptando las opciones de cuidado que mi doctor(a) o partera recomendaba	1	2	3	4	5	6
Me sentí presionada para aceptar las opciones que mi doctor(a) o partera sugería*	6	5	4	3	2	1
Escogí las opciones de cuidado que recibí	1	2	3	4	5	6
Mis preferencias personales fueron respetadas	1	2	3	4	5	6
Mis preferencias culturales fueron respetadas	1	2	3	4	5	6
PUNTUACIÓN TOTAL DE LA SECCIÓN A:						
Durante mi embarazo, sentí que mi doctor(a) o partera me estaba tratando mal DEBIDO A: (Puntúe cada una de las situaciones enunciadas)						
	Muy en desacuerdo	En desacuerdo	Relativamente en desacuerdo	Relativamente de acuerdo	De acuerdo	Muy de acuerdo
Mi raza, etnia, antecedentes culturales o idioma*	6	5	4	3	2	1
Mi orientación sexual y/o mi identidad de género*	6	5	4	3	2	1
Mi tipo de seguro médico o falta de seguro*	6	5	4	3	2	1



Diferencia de opiniones con mis proveedores de cuidado sobre el cuidado apropiado para mí o mi bebé*	6	5	4	3	2	1
PUNTUACIÓN TOTAL DE LA SECCIÓN B:						
Durante mi embarazo, me contuve de hacer preguntas o discutir mis inquietudes PORQUE: (Puntúe cada una de las situaciones enunciadas)						
	Muy en desacuerdo	En desacuerdo	Relativamente en desacuerdo	Relativamente de acuerdo	De acuerdo	Muy de acuerdo
Mi doctor(a) o partera parecía apurado/a*	6	5	4	3	2	1
Quería un tipo de cuidado materno que difería del que recomendaba mi doctor(a) o partera*	6	5	4	3	2	1
Pensé que mi doctor(a) o partera podía pensar que yo era una paciente difícil*	6	5	4	3	2	1
PUNTUACIÓN TOTAL DE LA SECCIÓN C:						

Tabla de puntuación	
Puntuación total sección A	
Puntuación total sección B	
Puntuación total sección C	
A + B + C = puntuación total	

El rango de puntuación es de 14 a 84; la puntuación más alta indica una atención más respetuosa.

Nivel de Autonomía (por cuartiles):	
<i>Puntuación total</i>	<i>Nivel de respeto</i>
14 - 31	Respeto Muy bajo
32 - 49	Respeto Bajo
50 - 66	Respeto Moderado
67 - 84	Respeto Alto

*Artículos con calificación inversa

