



What is the RESPCCT Study?

To help us understand how different communities experience pregnancy and childbirth in Canada today, the Canadian Institutes of Health Research (CIHR) funded a multi-stakeholder team to design RESPCCT, a new national survey, many factors can impact birth outcomes, and research shows that things like access to services, privacy, and options for care, and how people are treated, can affect families' health and well-being.

Some people in Canada tell stories of exceptional, kind, and supportive care and others speak of disrespect, discrimination, and/or mistreatment during their pregnancy or childbirth. Across Canada healthy systems offer many different models of care, types of birth facilities and providers, support services. We do not know if and how these differences link to outcomes.

We want to better understand how these experiences affect the quality of care for those from different identities, circumstances, or backgrounds. Understanding the factors that affect the experience of respectful may help us to improve quality of care for everyone.

Why is the RESPCCT Study important?

We have very little information in Canada about how people experience pregnancy and childbirth care. It has been more than a decade since there was a national survey on experiences of pregnancy and childbirth in Canada.

We know that many identify as Black, Indigenous (First Nations, Métis or Inuit), or other people of colour, or who are recent immigrants, or who have been in prison, homeless, or lower incomes, have a higher risk for poor health outcomes.

Some researchers have suggested that this may be because they are not able to access care or because they are treated differently. We hope this project will help us better understand how experience affects outcomes.

How was the survey created?

RESPCCT is a community-led research project, which means community members decided on what is most important to study and to understand. People from many



different backgrounds who had experienced a pregnancy in Canada chose the topics and questions. They worked with researchers and health care providers to distribute it to diverse communities.

This is the first project of its kind that asked community members to shape the research questions aimed at improving the quality of care for childbearing families in Canada.

Who is conducting this research?

This community-led project is coordinated by the Birth Place Lab and is funded by the Canadian Institutes for Health Research. The study team includes community members from many identities, backgrounds and circumstances as well as doctors, midwives, nurses, community health workers, and researchers.

The Birth Place Lab conducts person-centered outcomes research on high quality care for all childbearing families.

How can I complete the study?

Anyone who has been pregnant or given birth in the last ten years in Canada is welcomed and encouraged to participate. Find the survey at RESPCCT.CA in English, French, Arabic, Mandarin, Cantonese, Inuktitut, Punjabi and Spanish. A screen reader compatible version is available.

How can I help other families learn about the study?

We need your help to ensure as many families as possible share their experiences. Please visit the Birth Place Lab website at www.birthplacelab.org to learn about ways you can share with your friends and neighbors.

What will happen with the results of the study?

The Steering Council of community members who helped to design the study will decide how to tell the story. Results will be shared with families, care providers, educators, and health policy leaders across Canada.



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Who do I contact with questions?

Visit the website at <https://respcct.ca> or contact respcct.study@ubc.ca.